



Pre-Procedure Advice

This form is designed to give information needed to make an informed choice of whether to undergo a permanent cosmetics application. If you have questions, please do not hesitate to ask.

Microblading is a process of inserting pigment into the dermal layer of the skin and is a form of tattooing.

All instruments that enter the skin or encounter body fluids are sealed and sterilized, and are disposed of after use. Cross contamination guidelines are strictly adhered to.

Generally, the results are incredibly good, however, a perfect result is not a realistic expectation.

A retouch up after the healing process may be needed as stated in your consultation.

Initially the colour will appear much more defined or darker compared to the healed result.

Usually within 5 to 7 days the colour will fade 10-50%, soften and look more natural.

The pigment is permanent but will fade over time and a colour boost will be needed every 12 to 18 months depending on your skin and how you protect them from the elements.

Possible Risks, Hazards or Complications

- Pain: there can be pain even after the topical anesthetic has been used. Anesthetics work better on some people than others.
- Infection: infection is very unusual. The areas treated must be kept clean and not touched with dirty hands. See "after care" sheet for instructions on care.
- Uneven pigmentation: this can result from poor healing, infection, bleeding or many other causes. This is the purpose of your retouch to address these issues.
- Asymmetry: every effort will be made to avoid asymmetry, but our faces are not symmetrical so adjustments may be needed during the follow up session to correct any unevenness.

- Excessive swelling or bruising: some people bruise and swell more than others. Ice packs may help and the bruising and swelling typically disappears with 1-5 days. Some people don't bruise or swell at all.
- Anesthesia: topical anesthetics are used to numb the area to be tattooed. EMLA and xylocaine are used please inform your technician if you are allergic.
- MRI: because pigments used in permanent cosmetic procedures contain iron oxides, you will need to inform your gp if you are planning to have an MRI.
- Allergic reaction: although allergic reactions are very rare in permanent cosmetics a patch test is not a guarantee that you will not have an allergic reaction. A patch test must be performed 48 hours prior to your procedure taking place.
- A scratch test can be done 2 hours before instead of the patch test or in addition to it should the technician see fit.

The alternative to these possibilities is to use cosmetics and not undergo the permanent cosmetics procedure.

What's Normal?

- Swelling, itching, scabbing, light bruising and dry tightness. Ice packs are a nice relief for swelling and bruising.
- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade and once swelling subsides unevenness usually disappears. Any adjustments will be made during your retouch appointment.
- Colour change or colour loss. As the procedure area heals the colour will soften and lighten and sometimes seem to disappear. This is the purpose of the retouch appointment and is why the retouch is necessary. The procedure area has to be completely healed before a retouch can be performed. This takes at least four weeks.
- Needing a colour boost later. A touch up may be needed 1 to 2 years after the initial procedure depending on your skin type medications and sun exposure and lifestyle. We recommend a retouch up between 30-60 days after the first session (*included in today's price*) and every 12-24 months to keep them looking fresh and beautiful.

Failure to follow after care instructions may result in infections, pigment loss or discolouration.

No treatment will be carried out on any clients who are/could be pregnant or breastfeeding. Please inform your technician of any Medications or Medical Issues you have.

Pre-Procedure Advice

SOME OF THE COMMON CONTRA-INDICATIONS THAT PREVENT THE MICROBLADING TREATMENT BEING PERFORMED:

- Diabetes
- Epilepsy within the last 2 years
- Roaccutane within the last year
- Blood thinners
- Pregnancy / Breastfeeding
- Hepatitis (A, B, C, D)
- AIDS
- Skin Damage
- Diseases & Disorders in the skin
- Heart Disease

We invite you to familiarise yourself with the following information prior to giving your technician consent to perform any treatment:

- If you like, you can bring with you your eyebrows pencilled the way you like them. Bring a coloured pencil of choice.
- If you get your eyebrows waxed or tinted, please have this done at least 7 days prior to your scheduled procedure. It is recommended to wait at least 14 days to have them waxed & 30 days for tinting after the procedure.
- Regular makeup can be worn immediately after your procedure, just not on the treated area until healed.
- The eyebrows WILL appear bolder immediately after the procedure. This is common in all Permanent Makeup applications. It will begin to soften up typically within 3-30 days.
- When choosing a colour, it is recommended to go lighter until we see the healed results... we can always go darker at the touch up.... We CANNOT go lighter.
- Hair strokes WILL appear crisp and bold at first, but WILL soften up in appearance as the tissue heals. The area will shed taking some colour with it...this is normal. The area will begin to oxidise and darken over the 1st month.
- It is quite common to have areas fade more so than others. This is part of the healing process and will be treated at the recommended touch up appointment. Previously done eyebrows may take 1-3 treatments to achieve the desired result. Scar tissue in the brow area of eyebrows done multiple times WILL require additional procedures and fees will apply.
- Red heads, blonds & fair skin types WILL experience more swelling, redness and fading than darker skin types.
- Clients with darker skin (*Indian, African American, Filipino, etc.*), Please know that the Hair Strokes WILL NOT appear as defined or as dark as lighter skin types due to the skin colour already being naturally darker.

- Remember, no two sides of the face are the same. 'Brows are sisters, not twins!'
- Some residual swelling is normal for all procedures
- The treated area may appear uneven, dry, itchy, tender, red & irritated. This is 100% normal
- Do not pick the treated area as you will remove the pigment resulting in patchy uneven brows.
- Your symptoms will change each day and vary on the individual
- Colour will fade/soften anywhere from 10-50% or more in some cases
- During the retouch appointment, we will fine tune any area that has faded more than others.
- Healing process is specific to each client
- It is important to realise that you will need a colour boost every 1-2 years in order to maintain a fresh, natural appearance
- Due to the build-up of scar tissue, colour boosts will not be performed any sooner than 12 months post treatment
- If your brows have faded more than you would have liked, it is okay to pencil or powder them until your scheduled appointment
- If you will be exposing your brows to sunlight post procedure, have oily skin, use anti-ageing creams, retina/retinol products, acidic cleansers, natural elements, regular chemical peels, or exercise frequently (*salt in perspiration pulls the pigment out*), then your cosmetics will fade permanently
- As we age, our skin changes. The permanent make-up will eventually look more powdered, this is universal with all permanent make up procedures.
- Dark Skin types please note that your permanent makeup will not appear as bold as lighter skin types. (*Indian, African American, Filipino, etc.*) It will look more solid powdered.

Prior to and post treatment:

- No direct sunlight for 2 weeks
- No Sunbeds for 2 weeks
- Avoid alcohol or caffeine the day before & prior to the procedure, this will minimise any oozing/bleeding or swelling during/after the procedure
- Smoking WILL cause the pigment to fade prematurely and anaesthetics will not last as long
- Whilst on your menstrual cycle, you may become hyper-sensitive at the procedure site

Prior to your treatment:

- Do not tan or sunburn on any areas of planned treatment - tan causes exfoliation, and in turn sheds pigment with it.
- If you arrive for your appointment with signs of sunburn or suntan, you will be asked to reschedule your appointment, and your deposit will be forfeited.
- We will determine whether your skin is too tanned for treatment.
- Do not exercise on the day of your procedure as increased body heat will expand the pores.
- Do not take Aspirin, Fish Oil, Coumadin, Vitamin E and/or Ibuprofen, unless medically necessary.
- You will need to be off Accutane (*Acne Medication*) for 12 months prior to treatment

For 2 weeks post treatment:

- Keep the area dry completely - no water whatsoever
- No Sweating/Exercise
- Do not sweat (*heavily*). Sweat contains salt, which permanently removes pigment. It can also cause pigment to blur/fade.
- Avoid direct shower contact on the treated area.
- Absolutely nothing should be applied to the treated area apart from the aftercare products provided:
 - No Water
 - No Make up
 - No lotions
 - No Pencils
 - Avoid scrubbing the treated area (*at least 1-month post treatment*)
 - Avoid sleeping directly on your face
 - Only touch the treated areas with squeaky clean hands during the healing process

YOU ARE RESPONSIBLE FOR MAINTAINING YOUR APPOINTMENTS